

Outpatient Surgery Instructions

Appointment Date: Month _____ Day _____ Year _____

Appointment Time: _____ AM PM

Please arrive _____ minutes hours **before your scheduled appointment.**

Address and Appointment Location:

Doctor's Name and Telephone Number:

Please bring all of the following items:

- Photo ID**
- Insurance Card**
- Health Access Project card**
- Names of all the medications you are currently taking**
- Labs**
- X-rays**

If you have any questions concerning these instructions, you may call
_____ **and a registered nurse will help you.**

Outpatient Surgery Instructions:

These instructions are intended to help you with what you should know for your Outpatient Surgery.

Where to Report for Outpatient Surgery:

(This is the day of your surgery)

On the day of your surgery you will need to report to the **reception desk** in the **Surgical Center**. Please arrive at the set time noted above prior to your scheduled surgery time. Sign in. Once registered, you will be escorted to the preparation area.

What to Expect

1. When you are admitted to the preparation area for surgery, you will be asked to change into a gown. Your clothes will be placed in a clothing bag and placed in a locker.
2. You will enter a preparation area where your temperature, pulse, and blood pressure will be taken.
3. A nurse will take a health history.
4. Your family will be allowed to visit with you until you are taken to the operating room.
5. You will either walk or ride on a hospital cart to the operating room. A nurse will accompany you at all times.
6. If sedation is given during surgery, you may be taken to the post-anesthesia care unit. If you have not been given any sedation you may go home right after your surgery.
7. After your doctor performs your surgery, you will return to the dressing room where you will get dressed into your own clothing.
8. Post surgical instructions will be given to you or your family by your doctor or nurses.
9. You will have to be picked up by a friend or family member and escorted home. You may not drive yourself home after surgery.
10. If any problems should occur after your surgery, please contact your doctor at his/her office.

After the Surgery

Patients must not work, drive, or use any dangerous machinery for at least 24 hours following anesthesia. You may feel good at one moment and dizzy or unsteady the next.

No alcoholic beverages or tranquilizers should be taken for at least 24 hours.

Eat and drink lightly after arriving home. Be sure you can keep food down before you eat and drink normal amounts.

Should any problem, changes in your physical condition, or questions arise, call the doctor at his/her office.