

Pre-Surgery Appointment Instructions

Appointment Date: _____ Month _____ Day _____ Year _____

Appointment Time: _____ AM PM

Please arrive _____ minutes hours before your scheduled appointment.

Address and appointment location:

Doctor's Name and Telephone Number:

Please bring all of the following checked items:

- Photo ID
- Insurance Card
- Health Access Project card
- Names of all the medications you are currently taking
- Labs
- X-rays

If you have any questions concerning these instructions, you may call _____ and a registered nurse will help you.

Pre-Surgery Appointment Instructions:

These instructions are intended to help you with what you should know for your pre-surgery appointment and the day of surgery.

Where to Report for your Pre-Surgery appointment:

(This is not the day you will be getting surgery.)

On the day of your Pre-surgery appointment you will need to report to the **reception desk** in the **Surgical Center**. Please arrive at the set time noted above prior to your scheduled surgery time. Sign in. Once registered, you will be called to begin the pre-registration process.

What to Expect during your Pre-Operation Appointment

Your appointment will include the following:

- An interview with a registered nurse
- Verbal and written instructions for your procedure day.
- Pre-surgery testing if ordered by your Surgeon or Anesthesiologist. If x-rays or other forms of tests, such as blood tests or respiratory tests, have been ordered, you will be escorted to the appropriate departments to complete your pre-surgery testing.

The length of your pre-surgery appointment may vary.

To make your visit easier

1. A child under the age of 18 must be accompanied by a **parent or legal guardian**.
2. Adult patients who are incompetent must be accompanied by a **guardian able to sign legal papers**.
3. Please dress casually since some undressing is necessary. A two-piece outfit with socks works best.
4. Please take your regular medications on the day of your Pre-surgery appointment.
5. You may eat and drink on the day of your Pre-surgery appointment (unless you are otherwise instructed by your physician).

Instructions for the day of your surgery:

1. **Do not eat or drink anything after midnight** on the night before your surgery unless your doctor or the anesthesiologist has given you other specific instructions. *That includes water, mints or gum.*
2. You may wear glasses, contacts or denture. They will be removed before surgery and returned to you. Contact lenses must be removed before entering surgery, so please bring your case and solution. Do not put glasses in the bag for clothing; give them to a relative or staff personnel.
3. A parent or legal guardian must accompany a child under the age of 18.
4. Adult patients who are incompetent must be accompanied by a guardian able to sign legal papers.
5. You should wear comfortable clothing.
6. You must not wear jewelry, make-up, nail polish, or hairpins.
7. All valuables must be left with a family member.
8. Children are permitted to bring a favorite stuffed animal or toy.
9. You should take your medications as usual **unless your doctor tells you otherwise**.
10. Please have a responsible adult accompany you to the hospital **who will be able to remain at the hospital** the entire time you are in surgery and the post anesthesia care unit, and will be responsible for driving you home after discharge. You must have someone drive you home. You will not be permitted to drive yourself home or to take public transportation.
11. Families are asked to wait in the Surgical Waiting Room. The doctor will come to this area to talk to your family after he completes your surgery.